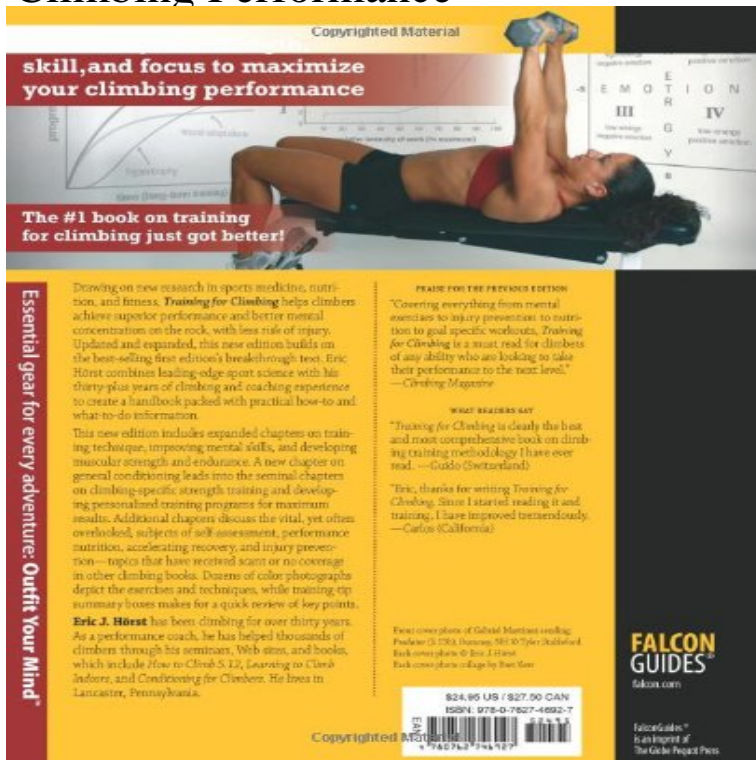


Training For Climbing: The Definitive Guide To Improving Your Climbing Performance



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